Cleaning List	Special instructions	Done
Take off bed linens & start in washer	Use one cup bleach in warm wash, wipe down bed rails, spray down pillows and mattresses with Lysol. Hang pillows over bed rails to air out.	
Run vinegar thru coffee pots	You'll want to pour out vinegar, rinse and pour clean water and continue running thru all day while you're here to get rid of vinegar smell.	
Wipe down all cabinets	Use damp rag/cloth only & grease-cutting cleaner	
Clean around base boards & trim in all rooms	Use a damp rag or scrub brush if needed with grease- cutting cleaner	
Clean top of fridge and stove including the hood	Our glass-top stove has a special cleaner and non- scratch pad in closet	
 Entertainment Center Speakers All side tables & book shelf All mirrors & pictures Lamp s & shades Office area (desk, computer & screen, phone) 	 Use furniture polish and cloth for furniture Use glass cleaner & paper towels on mirrors & pictures Use vacuum with brush attachment to remove dust from lamp shades 	
Clean out sinks: kitchen, bathroom, and downstairs utility	Use the CLR or Lime Away to remove crud, water spots & stains	
Clean toilet	Cleaning supplies under sink in bathroom toilet brush is on right side of the toilet or bleach is downstairs in laundry room.	
Clean shower	Spray down with cleaner then scrub & rinse out	
Sweep Floors on main floor and exercise mat	Broom & dust pan is in "blackboard" closet	
Vacuum carpets and furniture	 Vacuum is in "black-board" closet Be sure to get under bedsuse attachments to reach Vacuum throw pillows with attachment Magazine holder in bath (empty books) 	
Мор	Pine Sol, bucket and mop in bathroom closet or in basement closet under stairs	
Wax	Use the sponge mop in bathroom closet & Future Wax	
Water Plants	Stick your finger in the dirt one inch. If it's dry, please water.	
Wipe out refrigerator and ice dispenser tray	 Use damp rag/cloth only & grease-cutting cleaner Use a small amount of vinegar for the tray 	

DEEP CLEANINGevery 3 months	Special instructions	
Wash curtains.	Step ladder in "blackboard closet"	
Move furniture and appliances to clean behind them	Ask for help	
Wash windows, inside and out	For first story windows, we have an extension pole. Use warm water with vinegar for outside windows to clean. Finish with auto windshield fluid found in garage to prevent streaks.	
Vacuum underside of refrigerator coils.	Remove vent cover and use vacuum attachments.	
Turn mattresses.	Ask for help	
Clean comforters & Pillows	Drop off at Laundromat behind Goodwill	
Stove Hood Filter	Remove, scrub with degreaser, air dry then reinstall	
Throw blankets	Wash in cold water	
Trash Cans	Clean and disinfect all trash cans using bleach	
Clean Washing Machine	Use one cup bleach in hot water wash	
Vacuum	Magazine holder in bathroom (empty books)	

CLEANING SUPPLIES		
Kitchen Degreaser (409, etc.)		
Clorox Clean-up		
Oven Cleaner		
Stove Top Cleaner for glass tops		
CLR or Lime-A-Way		
Murphy Oil Soap		
Pine-Sol		
Furniture Polish		
Febreze		
Bleach		
Laundry Detergent		
Fabric Softener		
Windex		
Paper Towels		